One-Time Awards

One-time awards are payments to individuals and families who meet the IFS program eligibility requirements and have a one-time need not covered by another source.

The services that can be provided for one-time awards are architectural, vehicular modifications, or specialized equipment.

Emergency Funding

Emergency services are respite care, behavior support or nursing services in response to a single incident, situation or short-term crisis.

You are eligible to be considered for a one-time award and emergency funding if:

- You are not currently authorized for IFS program services;
- The need is critical to the health and safety of you or your caregiver; and
- You and your family have no other resources to meet this need.

The Department of
Social and Health Services
will improve the safety and health
of individuals, families and communities
by providing leadership and
establishing and participating
in partnerships.



Region 1 North

1 (800) 462-0624 TTY (509) 568-3038 1611 W. Indiana Ave. Spokane, WA 99205-4221 Phone (509) 329-2900 **Region 1 South**

1 (800) 822-7840 TTY (509) 454-4321 3700 Fruitvale Blvd. Suite 200 Yakima, WA 98909-2500 Phone (509) 225-4620

Region 2 North

1 (800) 788-2053 TTY (360) 714-5002 840 N. Broadway Bldg. A., Suite 100 Everett, WA 98201-1288 Phone (425) 339-4833 **Region 2 South**

1 (800) 314-3296 TTY (206) 720-3325 1700 E. Cherry St. # 200 Seattle, WA 98122 Phone (206) 568- 5700

Region 3 North 1 (800) 248-0949

TTY (253) 572-7381 1305 Tacoma Ave. S. Suite 300 Tacoma, WA 98402 Phone (253) 404-5500 **Region 3 South** 1 (800) 339-8227

TTY (360) 586-4719
Point Plaza East
Bldg. 2, 3rd Floor
6860 Capitol Blvd. SE
Olympia, WA 98504-5315
Phone (360) 725-4250

For more information, visit the DDA website at:

www.dshs.wa.gov/ddd



Developmental Disabilities Administration

Individual and Family Services Program



Information regarding eligibility, access and services

It is the policy of DSHS that persons shall not be discriminated against (in employment or service) because of race, color, creed, religion, national origin, sexual orientation, age, gender, presence of any sensory, mental or physical disability, use of a trained dog guide or service animal by a person with a disability, or veteran status.



DDA Developmental Disabilities Administration

Developmental Disabilities Administration P.O. Box 45310 Olympia, WA 98504-5310

DSHS 22-038 (Rev. 8/13)

Individual and Family Services Overview

The Individual and Family Services (IFS) program is a state-only funded program of the Developmental Disabilities Administration (DDA) that provides a variety of services to help families maintain and stabilize the family unit. Participation in all DDA services is voluntary.

The IFS program is intended to be a partnership between the state and families to:

- Help support families who have a DDA eligible family member living in the family home;
- Provide families with a choice of services; and
- Allow families more control over resources allocated to them.

IFS Eligibility Criteria

You are eligible to be considered for the IFS program if:

- You are currently an eligible client of DDA;
- You live in your family home;
- You are not enrolled in a DDA Home and Community Based Services (HCBS) Waiver;
- You are age three or older; and
- You are not receiving a DDA adult or child residential service, or licensed foster care.

Access to IFS

You may contact your DDA Case Resource Manager to request IFS program services. If you meet the IFS eligibility criteria, you will be placed on the IFS request list. You will receive written notification of DDA's approval or denial along with your administrative hearing rights.

IFS Request List

The IFS request list includes individuals who live with their family and who have requested IFS program services. If funding is not available at the time of the request, eligible individuals are placed on the request list.

IFS Annual Allocation

The DDA assessment was designed to measure the support needs of people with developmental disabilities and is used to determine your level of need. The IFS annual allocations are:

- Level 1 up to \$1,200
- Level 2 up to \$1,800
- Level 3 up to \$2,400
- Level 4 up to \$3,600

Services Available

Respite

Short-term intermittent relief for a family member providing care for individuals receiving IFS program services.

Excess medical cost not covered by another service

Medical expenses incurred by you after Medicaid or private insurance have been accessed, or when you do not have medical insurance.

Therapies

Therapies covered by the IFS program are:

- Physical Therapy
- Occupational Therapy
- Speech, Hearing and Language Therapy

Architectural and vehicular modifications

Adaptations to the person's home and vehicle to ensure health, welfare and safety of the client and caregiver; or to enable a client, who would otherwise require a more restrictive environment, to function with greater independence in their home or community.

Equipment and supplies

Medically necessary equipment and supplies designed to help people increase or maintain their abilities, and to perform their daily living activities.

Specialized nutrition and clothing

Formulas or specially prepared foods for which a written recommendation has been made by a qualified and appropriate professional and when it constitutes 50 percent or more of the person's caloric intake.

Nonrestrictive clothing adapted for a physical disability, excessive wear clothing or specialized footwear for which a written recommendation has been made by a qualified professional.

Co-pays for medical and therapeutic services

Fixed fees that subscribers to a medical plan must pay to use specific medical or therapeutic services covered by the plan. These services must have been deemed medically necessary by the healthcare professional.

Transportation

Reimbursement to a provider when transportation is required to access an IFS service.

Training and counseling

Professional assistance provided to families to better meet the specific needs of the individual.

Behavior support

Development and implementation of programs that use positive behavioral techniques to support people with challenging behaviors.

Parent/sibling education

Class training on topics relevant to parents and siblings who have family members with a developmental disability.

Recreational opportunities

Leisure activities that may be available to eligible clients such as summer camps, YMCA activities, day trips, memberships in civic groups, clubs, crafting classes, sports activities or typical recreation activities available in your community.